



Prince of Peace Lutheran Church



Holy Vessels: A Lenten Season of Healing



WEEKLY HEALING PRAYERS

WEEK 2: MARCH 16

Healing Prayer for the Week

Leader: The words of Jesus we heard in this week's healing story were "I will come..." When faced with a request, Jesus makes a move to seek out, to come to help one who was previously seen to be outside of help's embrace. He moves outward to gather in and heal someone unlikely to have crossed his path otherwise. All are within God's circle of Safe Keeping.

I invite you to take all your pieces of broken glass and put them in a bowl. As you do so, think about the people you have encountered or heard about in the last few months who are suffering lack of support. What could we do to reach out and to focus on healing of the parts of the human community we don't spend time thinking about enough?
To what part of our community shall we say "I will come..."?

Then shift your thinking to your need to be cared for. What do you need to feel safe? What connections do you need to strengthen to heal any isolation you may feel? If you are in need of something, consider this an invitation to let someone know what *you* need without feeling embarrassment or shame about it. Jesus invites us, always, to ask.

Take a moment to think on this and then when you are ready, pick up the container of broken pieces and breathe ("*spirare*") deeply, inviting that Spirit to live and move in you in a special way to strengthen your connection to others and your role in making someone's life more safe. Keep the bowl in a place you can see regularly this week... perhaps on your dining table.