Prince of Peace Lutheran Church

Holy Vessels: A Lenten Season of Healing

WEEKLY HEALING PRAYER

WEEK 3: MARCH 23

Healing Prayer for the Week

The words of Jesus we heard in this week's healing story were "Do you believe I am able to do this?" Jesus' question invites us to consider our own belief in transformation. He invites us to step into a renewed vision of our lives, to speak into being a new story, not be bound by the stories of the past, inscribed on us by others, that may be oppressing and limiting us.

Last week we put our glass pieces in a bowl. Beach glass is usually somewhat cloudy when dry. When it comes into contact with water, it becomes clear and bright. Today, you are invited to fill your vessel containing the pieces with water and watch the transformation. As you do, let it be a prayer for clarity. Ask for a new way to see the struggles you may be experiencing. Ask for understanding and a way forward.

Take a moment to think on this and then when you are ready, pick up the container of broken pieces, now bright and clear in the water, and breathe deeply, inviting the Spirit to live and move and transform you and others who need clarity for their lives. Keep the bowl in a place you will see it regularly this week…perhaps in a bathroom near the place where you shower or bathe.