### Sunday School Lesson for the Month of March 2017

# The Belt of Truth

**Ephesians 6:14** 

#### Sunday, March 5, 2017

Living a victorious Christian life is not an easy achievement, for one cannot follow a comfortable road and experience victory over evil. The Christian life is a struggle, requiring self-discipline and persistent dedication. Jesus' followers are confronted by spiritual foes who seek to destroy our witness and our lives.

God provides for His children, the complete equipment necessary for waging a successful warfare against Satan's attacks. The Apostle Paul, chained to a Roman soldier for three years, was familiar with the soldier's equipment. He uses each piece of the Roman soldier's equipment to illustrate great spiritual truths to Christ's followers.

Each disciple has the responsibility to utilize the equipment God has provided. The first piece of spiritual equipment is the belt of truth. The Roman soldier's belt served three valuable functions. First, the belt provided support for the middle part of the body – the back, stomach, and kidneys.

Second, the belt made organization possible. It was used to arrange the various pieces of equipment the soldier carried on his body. This is demonstrated by the uniform of a police officer. His belt supports the holster and held ammunition, handcuffs, and a billy club. A combat soldier has attached to his belt a knife, a bayonet, a canteen, first-aid supplies, and ammunition.

Third, the belt made efficiency possible. Does your life need strong support, better organization, and greater efficiency? Have you ever felt, I am so weak and helpless? Have you ever said, "I need to get myself organized? I get so little accomplished." If this is the case, then you need to buckle on the belt of truth.

## Sunday, March 12, 2017

#### I. Jesus Christ is the Truth of God (John 14:6)

If you want to know what God is like, then study the life, death, resurrection,

the teaching and activities of Jesus Christ. As you look at Him, you will come to an understanding and appreciation of the truth of God. Wrap yourself in all of this great truth about God if you want to provide for yourself support, organization and efficiency.

### Sunday, March 19, 2017

#### II. Great Truths from God

We need to belt ourselves with a number of great truths about God to bring support, organization, and efficiency into our personal lives.

I want in this lesson to mention a number of great truths about God that we need to apply to our everyday living.

- <u>The Truth of Forgiveness and Cleansing</u> (1 John 1:7) Through the blood of Jesus Christ, God cleanses us from all sin. We can experience the joy of forgiveness when we sincerely confess our sin and look to God for cleansing. Buckle on this great truth around your heart and life.
- <u>The Truth of the Golden Rule</u> (Matthew 7:12) Do you worry about how you relate to others? Do you find it difficult to know what to do in many circumstances? Glue the Golden Rule to your mind and heart and let it become your policy in your relationship with others. Buckle this truth about your whole life.
- 3. <u>The Truth Concerning the Way to Highest Human Happiness</u> (Acts 20:35) All of us are seeking the happiness and joy of a fulfilling life. But many of us are missing it because we have the wrong goals. We labor under false ideas about what brings happiness. Jesus taught that if you would experience joy higher than that which comes as a result of getting and having, you must live a life of giving and serving. Accept this great truth from Jesus into your innermost being. Wear it as a belt, and it will help you to organize life's priorities and will bring you support when greed tries to capture your soul.

### Sunday, March 26, 2017

- 4. <u>The Truth Concerning our Lord's Presence</u> (Matthew 28:20) Do you ever feel deserted? Everyone needs a friend: There is never a day when we do not need our Lord's help. He has promised to be with us in all of our ways throughout all of our days. Claim this great promise and wear it as a belt.
- 5. <u>The Truth Concerning the Tragedies of Life</u> (Romans 8:28) Many things happen that we cannot explain and find difficult to accept. God is at work in all things to bring about good for those who love Him. Believe this with all your heart and trust Him for grace and guidance – wear this truth as a belt.
- <u>The Truth Concerning a Hope Beyond the Grave</u> (John 14:1-3) Confront yourself with this great promise and wear it as a belt about your innermost being as you contemplate the fate of those who have died in the Lord and your own future.

God has provided us with the belt of truth, and it will strengthen us in times of weakness. Put it on by faith as you read God's Word. Memorize the great truths and claim and trust in God's promises. Believe that God will do what He has promised to do. Let these great truths support you in your times of need and provide a basis for organizing your life, and you will find greater efficiency in your own personal experience. Putting on the belt of truth will enable you to overcome the attacks of the devil.